



# **Food And Housing Insecurity: Pack Essentials A Campus Approach to Addressing Basic Needs Before, During and After a Pandemic**

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“Often, 3-5 days a week, I won’t eat dinner. Not by choice, but because I can’t afford to. I try couponing when I can”

—current NC State student

# Food Security

All NC State students will have access to sufficient, nutritious, culturally appropriate, and affordable food.



My parents died in March 2016. Our house was foreclosed. I moved all of my things into my dorm in August 2016 - that was the only place I had.

—current NC State student

# Housing Security

All NC State students will have safe, affordable housing accessible to the university.

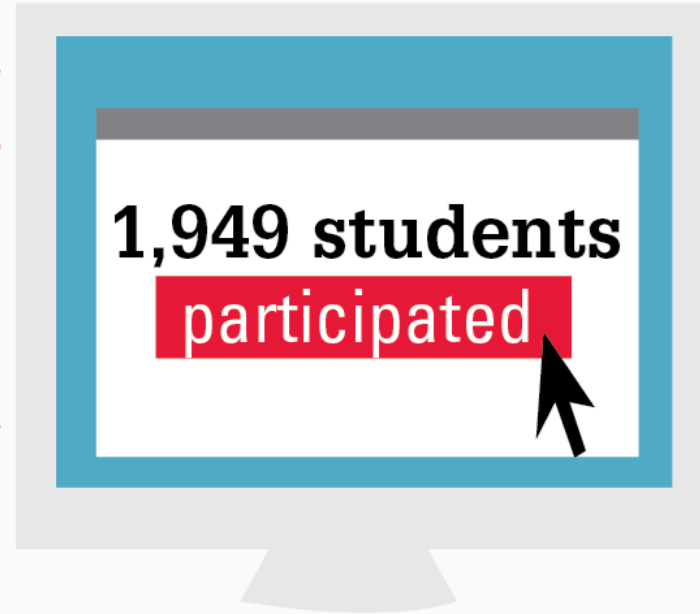


# Impact on Student Success

- Unable to access necessary resources
- Missed classes
- Dropped courses
- Multiple low-wage jobs
- Mental health

# October 2017

**7,000 students** selected by  
**NC State University**  
**Institutional Research and**  
**Planning** received an email  
invitation to complete an  
online survey



28% participation rate\*

“Before Thanksgiving break, all I did was worry where I was going to go”

- current NC State student

9.6% of students  
reported in 2017

homelessness in  
the last 12 months

14% of students  
reported in 2017

Food insecurity in  
the last 30 days

# With a student population of 34,000 students this means

**4760**

Low or Very Low Food Security



**3264**

A period of homelessness



**850**

Not eating for a full day




Each person represents 100 students



# Questions?





NC State and campus partners have developed many programs to support students in need of food, housing, financial, and educational security.

## Pack Essentials

### Campus Basic Needs Resources

[Complete a Pack Essentials Application](#)

# Pack Essentials

...ing the Division of Academic and  
...s for student emergencies. You can  
... part-time employment

#### Education

Departments across NC State offer educational support, high impact experiences, and opportunities for research funding and

#### Miscellaneous Campus Resources

Check out these resources from free computer software to clothes for an interview, and more.

#### Student Ombuds Services

If you want to discuss your situation and review available resources in a confidential meeting with the Student Ombuds, you can

# APPLICATION AND GRANTING PROCESS

## Process

- Common application: Pack Essentials
- Comprehensive assessment of needs
- Partner with Financial Aid to verify eligibility
- Meet with student to connect to resources



## Student Emergency Fund and Meal Plan Scholarships

- Emergency Fund - Goal is to prevent an emergency or unexpected expense from derailing student's education
  - ◆ Grants typically capped at \$500
- Meal Plan Scholarships - range from \$750-2300
  - ◆ Need based and subject to financial aid considerations





## Meal Share

- Created by Student Government in partnership with University Dining
- Helps students who run out of food at end of semester or need other transitional food
- Allocated 6500 meals since Fall 2018



## Wolfpack Professional Closet

- Provides professional clothing for interviews, career fairs, conferences or first week of work.
- Supported by Career Development Center





# Questions?



## Lessons Learned:

- **“Ready, Aim, Aim, Aim...”**
- **Engage the entire campus**
- **COVID impacts**
- **Donors are interested in supporting student basic needs**





## Feed the Pack Food Pantry

- Student run and led
- Opened November 2012
- Recently relocated to more visible location on campus
- Non perishable food & hygiene
- Exploring adding fresh fruits and vegetables.
- Distributed over 60,000 pounds to 4,500+ visits by students, faculty, and staff





# Questions?



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