



The University of North Carolina  
Umstead Review Panel Determination

August 10, 2015

**Request for Fayetteville State University Department of Nursing's Collaborative Institute for Interprofessional Education & Practice (CI-PEP)**

**I. Request for Determination**

On May 27, 2015, Fayetteville State University Department of Nursing submitted a public request for a determination that the proposed activity for a Collaborative Institute for Interprofessional Education & Practice (CI-PEP) would be permissible under N.C.G.S. 66-58 (b)(8)l., m., and o. of the Umstead Act, which provides an exemption for:

- (l) Activities that further the mission of the University as stated in G.S. 116-1.
- (m) Activities that serve students or employees of the University or members of the immediate families or guests of students or employees.
- (o) Activities that enable the community in which the constituent institution or other University entity is located, or the people of the State to utilize the University's facilities, equipment, or expertise.

The request for determination stated:

The Department of Nursing's Collaborative Institute for Interprofessional Education & Practice (CI-PEP) at Fayetteville State University (FSU) seeks an Umstead Review to determine whether biopsychosocial services that serve the communities of Fayetteville and surrounding counties can continue to exist as an exception with a slightly different infrastructure than was afforded by HRSA funding. We seek to understand if such services that are provided constitute unfair or unauthorized competition with an existing or proposed nongovernmental entity and/or if an exception could be granted. We believe that the activities we propose serve the students of FSU and enable the community of Fayetteville to utilize the University's faculty expertise, facilities, and equipment.

**II. Notice and Proceedings**

A hearing was set for August 10, 2015, in Conference Room C at the Spangler Center in Chapel Hill, North Carolina, and by teleconference. The Umstead Review Panel staff gave notice of the Request for Determination hearing to those on its registry on May 28, 2015. Notice of the hearing was given to the press and public, pursuant to the North Carolina Open Meetings Act, on August 3, 2015.

No affected individual or entity gave notice of objection to the request and no affected individual or entity appeared at the hearing to oppose the request, as is allowed under Board of Governors Policy 100.4 VIII (D).

Fayetteville State University Department of Nursing was represented at the hearing by Dr. Sheila Cannon, Clinical Director; and Dr. Afua Arhin, Project Director.

The formal request, evidence, and presentation established the following as support for the determination:

- Because of the close proximity of the campus to one of the largest military bases, the FSU Board adopted a mission statement imploring FSU to “extend its services and programs to the community, including the military.” Thus, FSU adheres to a core value to engage with the military to provide services. In line with the FSU mission and values, FSU believes that CI-PEP should service not only veteran and active duty students and employees, but also the broader military community.
- Currently, CI-PEP provides free biopsychosocial and holistic services to 690 clients (397 females; 293 males), which is grant funded through June 30, 2015. Since March 19, 2013, the populations that sought free holistic biopsychosocial services are spouses/family members (243), veterans (252), active duty (186), and others (9). Additionally, there are 104 couples (208 clients; including 1 mother-son; 2 mother-daughters) who seek services together, which denote efforts toward psychosocial wellness, family reintegration and stability around deployment.
- This CI-PEP has also provided a great opportunity for undergraduate and graduate students to engage in interprofessional learning as it offers a clinical training site for social work, psychology, and nursing students. Almost 200 hundred students have sought training through the Institute for their internship or clinical hours or as a service learning project through the University’s Office of Civic Engagement & Service Learning. Services provided include massage, acupuncture, Migun Wellness, individual/couples/family counseling, support groups, health education, and coordination of referrals.
- Although unique, this psychosocial model of mental wellness (CI-PEP) sufficiently aligns with integrated practice models outside of health care systems and bridges the gap between health services and community prevention. CI-PEP supports the promotion of mental wellness and quicker access to services that are not always available, accessible, or affordable to this population. FSU has safely removed the barriers to seeking mental health services for many military personnel relative to their fear of stigmatization and perceived career loss; which every effort to sustain these viable services is critically importance.
- CI-PEP has been funded by HRSA for almost 3 years. It has been successful in meeting the needs of increasing referrals, which has subsequently lessen the burden with military affiliates like the Fayetteville VA Medical Center, Fort Bragg Robinson Clinic, etc., who sends their clients, which has decreased the high volume and longer access to care on the patients’ end. CI-PEP seed on average 45-55 clients per 2 day (Tuesdays and Wednesdays) for all services. CI-PEP has 2 licensed psychologists, 1 licensed SW, student interns, 1 licensed psychiatric nurse practitioner, massage therapist and acupuncturist, and a Migun Wellness bed.
- FSU would like to continue to educate and train graduate and undergraduate nursing, psychology, and social work students as CI-PEP offers an efficient clinical training site for students and affords graduates to be ‘collaboration ready’ as many of their educational and practicum experiences in the Institute is centered around interprofessional teamwork, communication and collaboration through services provided.

- FSU seeks approval to charge clients a nominal fee for use of CI-PEP services, primarily counseling, massage, and the use of the Migun Wellness bed at a below market rate since we provide clinical oversight and training to our graduate SW, undergraduate nursing and foreseeable graduate nurse practitioner students, and psychology interns students, who will provide these services while being supervised by a licensed psychologist, psychiatric nurse practitioner, certified massage clinical instructor, and licensed clinical social worker.
- FSU plans to partner with Miller Motte College and Fayetteville Technical Community College to use CI-PEP massage space and current clientele to service clients requesting to self-pay for services rendered, while gaining clinical supervision and instructions on massage techniques. CI-PEP has provided 821 massages to date; however, they have scheduled 1543 vs. actual, which may account for longer wait time, snow days, university closings, deployment, and other reasons. This high volume of interest and utilization demonstrates the clientele to enter contractual partnerships with other schools for their massage training and instruction.
- Proceeds that are generated will be used to continue providing services to clients under the educational mission of FSU and the nursing department.

### III. Determination

The Panel did not consider FSU's request for review under N.C.G.S. 66-58 (b)(8)(l) because activities under that subsection are not within the jurisdiction of the Panel.

The panel deliberated on the submitted request, evidence, and arguments presented and, recognizing the clear potential for the proposed activities to serve the FSU community, and the community at large, voted unanimously to approve the request.

It is the determination of the Umstead Review Panel that the request was within the jurisdiction of the Panel, and the proposed activities are authorized under N.C.G.S. 66-58 (b)(8)(m) and o, and are not unfair competition.



/s/ Robert Warwick, Chair